



## TotalHealth Solutions for Employers Who Don't Offer Insurance, Have Part-Time Employees or Have a High-Deductible Plan

*You need healthy employees to be successful. Unhealthy employees are unhappy, less productive and unnecessarily drive up healthcare costs. Research shows that increased utilization of primary care services yields lower healthcare costs.<sup>1,2,3,4</sup> Your employees need the access and convenience of a primary care provider that offers an innovative and efficient model of care. Avance Care's TotalHealth is the solution.*

Avance Care's TotalHealth offers a variety of services to reduce healthcare costs based on your insurance structure and employee health needs. For fully-insured employers, we offer:

- Prime membership
- In-person education sessions about primary care utilization

### Prime Membership

For \$99/year, you can provide employees a discount for many of their primary care needs including:

- 25% discount on top of our prompt-pay discounted fees for all medical services
- Access to: same-day and evening appointments during weekdays if requested by noon
- Weekend appointments, including same-day appointments
- Nutrition, behavioral wellness and specialty services, as well as medication therapy management (pharmacist consultation), Avance Care pharmacy and comprehensive care coordination

Go to [www.AvanceCare.com/PrimeMembers/](http://www.AvanceCare.com/PrimeMembers/) for more information.

### In-Person Education Sessions About Primary Care Utilization

There are many reasons why employees choose not to get regular health checks at a PCP. During these education sessions, we discuss the importance of primary care utilization, how yearly checks save money and avoid major health issues, and how Avance Care provides a convenient and accessible care model.

### What Sets Us Apart

- 8 locations across the Triangle, with 4 new locations opening in next 12 months
- Guaranteed appointments within 24 hours
- Evening and weekend hours:

**Monday – Friday 7:30 am – 7:00 pm**

**Saturday – Sunday 9:00 am – 3:00 pm**

- Always a primary care co-pay
- 24x7 access to high-value care with after-hours telehealth access to reduce unnecessary emergency room visits
- Nutrition counseling, behavioral wellness, medication therapy management (pharmacist consultation), in-house labs, opioid treatment, x-ray, and allergy services – all under one roof
- Care Management services to improve outcomes of patients with chronic conditions and complex cases
- Pharmacy services providing home/office medication delivery to improve convenience and compliance
- NCQA-recognized Patient-Centered Medical Home, Blue Quality Physician Program Level Three and United Healthcare Premium designation for both quality and cost
- Web/mobile appointment scheduling

**To learn how you can begin saving money on healthcare costs and helping employees live healthier lives email [levi.boyd@avancecare.com](mailto:levi.boyd@avancecare.com)**

1 American Journal of Medicine, "Health Care Utilization and the Proportion of Primary Care Physicians" (2008)

2 UnitedHealth Center for Health Reform & Modernization, "Advancing Primary Care Delivery" (2014)

3 Journal of Person-Centered Medicine, "A Personal Preventive Care Model versus a Traditional Practice: Comparison of HEDIS Measures" (2012)

4 Sibson Consulting Spotlight Survey, "On-Site Health Centers: Offerings and Satisfaction" (2007)